

Self-Transformation and the Spiritual Life

by Vicente Hao Chin Jr.

The seminar

This course is an approach to Self-Transformation that serves as a foundation for an integrated and effective life, as well as an essential preparation for living the spiritual life.

It includes exercises in self-awareness and a detailed study of meditation.

Other facets of the course are: approaches to daily awareness, the exploration of transcendence, nurturing essential life-skills, probing into the nature of intuition, and the integration of impersonal values into daily life.

Vicente Hao Chin Jr.

Vicente Hao Chin Jr. is a former President of the Theosophical Society in the Philippines and is a clear example of how to live a theosophical life. He is actively involved in the Theosophical Order of Service (www.international.theoservice.org).

He is the founder of the Golden Link College in the Philippines which provides transformational education for less privileged children (www.theosophy.ph/goldenlinkcollege.html).

He is the author of:

The Process of Self-Transformation

Why Meditate?

On Education

and other works.

He compiled and edited the chronological edition of *The Mahatma Letters to A.P. Sinnett*, and is the Associate Editor of the *Theosophical Encyclopedia*.

Schedule

Arrival

Friday July, 15th:

arrival and registration after 15:00;

dinner at 18:00;

informal meeting in the evening.

Seminar

Saturday July, 16th - Tuesday July, 19th

09:30 - 17:30 (light evening programs).

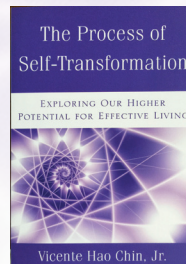
Departure

Tuesday July, 19th:

after the closing session in the afternoon.

Recommended reading

- *The Process of Self-Transformation* by Vicente Hao Chin Jr.
- *The First and Last Freedom* by J. Krishnamurti
- *The Key to Theosophy* by H.P.Blavatsky
- *Mysticism* by William James (the chapter on Varieties of Religious Experience)
- *Understanding Mysticism* by Richard Woods
- *The Science of Yoga* by I. K. Taimni (*De Yoga-Sūtra's van Patañjali*).



The International Theosophical Centre (ITC)

The ITC aims to be an active and inspiring spiritual centre, contributing to the service of the world and the uplifting of mankind in particular.

The ITC therefore invites people at the Centre to work on the process of human regeneration through individual transformation.

Any stay at the Centre is meant to promote quietness of mind, peace and a harmonious life.

Therefore smoking or using drugs on the estate is not allowed; furthermore only vegetarian meals and non-alcoholic beverages may be consumed.

Registration

Please note that the number of places is limited.

We therefore use the following registration procedure:

- Registration can only be done for the full seminar before July 1st 2016.
- Your reservation will be made final after payment of the fee.
- Cancellation before July 1st 2016 is possible with a refund minus € 50.
- Day visitors are welcome without registration in advance.

Daily fee:

€ 20 for TS members

€ 30 for non-TS members.

Please note that only tea and coffee will be provided for day visitors, so take your own sandwiches.

Registration form

(prices per person for the full seminar)

Name: _____ Age: _____

First name: _____ M/F: _____

Address: _____

Postal Code: _____

City: _____

Country: _____

Email address: _____

T.S. member: Yes / No _____

Remarks / Diet requests: _____

Registration fee:

TS-member € 110 € _____

Non-member € 150 € _____

Meals:

Meals etc. (vegetarian) € 125 € _____

Lodging

Arundale House € 55 € _____

Crystal House single room € 100 € _____

Crystal House 2 pers.room* € 75 € _____

Cottage 2 persons* € 95 € _____

Camping € 30 € _____

Total amount € _____

*prices per person

Information / venue

Lodging facilities.

The ITC has the following lodging facilities:

- Arundale House offers basic lodging; 9 bedrooms, each with two beds, shared showers and toilet blocks.
- Crystal House offers 20 bedrooms; 10 single person and 10 two person bedrooms, each with own bathroom.
- Cottages: 3 wooden cottages with own kitchen and bathroom for 2 persons each.
- Camping grounds.

Please send the registration form to:

International Theosophical Centre

Seminar registration

Valkeveenselaan 19

1411 GT Naarden - The Netherlands

The registration form can also be downloaded from www.itc-naarden.org and sent to the e-mail address activities@itc-naarden.org

Payment:

Accountname: Stichting St. Michael AC

IBAN: NL92 RABO 0132 9370 93

BIC/SWIFT: RABONL2U

Please mention: Seminar 2016

The ITC is located at approximately 20 km east of Amsterdam, near the old city of Naarden.

Entrance of the activities at Meentweg 9.

For route description please look at www.itc-naarden.org.

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July 2016, 15th till 19th

Language: English



Organized by

The International Theosophical Centre Naarden
The Theosophical Society in the Netherlands
The European Federation of the Theosophical Society

Venue

International Theosophical Centre
Meentweg 9 - 1411 GR Naarden - The Netherlands